

Health Insurance

Why Costs are Rising And How to Curb those Costs (1 Hour; 25 Pages of Text)

- 1) Introduction
- 2) Why Costs Are Rising
 - a) HIPAA/Kennedy-Kassabaum Bill
- 3) COBRA
 - a) Plans Covered by COBRA
 - b) Those eligible for coverage
 - c) Time Frames

Health Insurance Strategies

- 4) Fully Insured
- 5) Health Reimbursement Accounts (HRAs)
 - a) What is an HRA
 - b) How do HRAs work?
 - c) How does the Employer fund the HRA?
 - d) How many types of HRA plans are possible to implement?
 - e) Why would an employer consider an HRA?
 - f) Can Employees "cash out" their unused HRA funds?
 - g) Who holds the HRA funds?
 - h) Can an LLC or Sub-S Corporation participate in an HRA program?
 - i) Summary on HRAs
- 6) Partially Self-Funded Plans
 - a) Viability for your clients
 - b) Why are Partially Self-Funded Plans not being used?
- 7) Prescription Drug Card 'Carve-Out' Plans
- 8) Section 125 Plans
- 9) Health Savings Account (HSA) (formerly Medical Savings Accounts)
 - a) What is an HSA?
 - b) What can the HSA Money be used for?
 - c) Why use an HSA?
 - d) How Does an HSA Work to Save Employers Money?
 - e) Example 1
 - f) Example 2:
 - g) Why employers do not use HSAs
 - h) Frequently Asked HSA Questions
- 10) Summary on Health Insurance